



Dear Parent/Guardian,

Your child has been scheduled for a sports physical on _____ at the _____ Metro Care Connection Clinic. We ask that you accompany your child to this appointment.

Before the appointment, please do the following:

- Complete and sign the Metro Care Connection Consent form.
- Complete the Pre-Participation Physical Exam history questionnaire with your child and sign the bottom of the form.
- Complete the top section of the CRCSD Health Status Form and sign the back.
- Bring your child's most current immunization card to the appointment if available.
- If you have Title 19, please bring the students insurance card to the appointment.

Metro Care Connection Clinics are staffed by Pediatric Nurse Practitioners (PNPs) who have received advanced pediatric education and have been certified and licensed to provide health care to children from birth to 21 years of age. The nurse practitioners can perform complete physical exams, diagnose and treat illness, write prescriptions, perform basic lab testing, and give immunizations. Occasionally resident physicians from the University of Iowa or Mercy Family Practice will be available and will work with the PNP.

Our medical services are intended to be available to students who do not have health insurance or who have limited access to health care. The services are not intended to replace the role of your health provider. Students who are insured by Medicaid may have medical services billed to Medicaid. There is no cost to these students and their families.

Our Pediatric Nurse Practitioners follow the guidelines for sports physicals developed by the American Academy of Pediatrics. Your child will receive a complete full body physical exam according to those guidelines. If it is impossible for you to attend the appointment, you must provide a phone number for us to reach you during the appointment in case we need to talk to you about questions or concerns that come up during the appointment.

If you have any questions or concerns about this appointment, please let us know. We look forward to seeing you at the scheduled appointment.

Sincerely,

Sara Gordon, RN, MA, ARNP
Metro High School (M-F)
558-2272

Jill Asprey, RN, MA, ARNP
Taylor Elementary School
558-2481

Susan Rumelhart, RN, MA, ARNP
Jefferson High School
558-2221

Kim Rimmer, Program Specialist
MCC Program Office/Taylor Clinic
558-2481